

SCOTTISH OPEN WATER SWIMMING GRAND PRIX SERIES 2010

The Scottish Open Water Swimming Grand Prix Series comprises 7 Senior and 6 Junior events held in during the 2010 season. There are separate series for Seniors and Juniors.

Seniors Grand Prix Events (Swimmers aged 17 years and over on 31/12/2010)

East District Championships	3 km	Lochore Meadows	13 th June
Midland District Championships	3¾ miles	Loch Earn	3 rd July
Scottish Championships	5 km	Strathclyde Park	24 th July
Scottish Championships	2 km	Strathclyde Park	24 th July
West District Championships	4 Km	Strathclyde Park	14 th August
Scottish Championships	9½ miles	Loch Rannoch*	15 th August
North District Championships	4 miles	Loch Oich	4 th September

*Acceptance to compete at the Loch Rannoch will be at the discretion of the organisers and may be limited to those swimmers who have demonstrated an ability to complete events of at least 10 Km.

Juniors Grand Prix Events (Swimmers aged 16 years and under on 31/12/2010)

East District Championships	2 km	Lochore Meadows	13 th June
Midland District Championships	3¾ miles	Loch Earn	3 rd July
Scottish Championships	5 km	Strathclyde Park	24 th July
Scottish Championships	2 km	Strathclyde Park	24 th July
West District Championships	2 km	Strathclyde Park	14 th August
North District Championships	2 miles	Loch Oich	4 th September

Points System

1 st	25 points	5 th	8 points
2 nd	20 points	6 th	6 points
3 rd	15 points	7 th	4 points
4 th	10 points	Other Finishers	2 points

- Only points from an individual's best 4 events count towards their total.
- Junior swimmers competing in open events are not eligible for senior Grand Prix points.
- In the event of a tie on points, the higher placing will be given to the swimmer with the greater number of points from in the Scottish Championship events irrespective of whether these were part of the 4 counting swims.

Prize Money – for both male and female competitions

	Senior Grand Prix	Junior Grand Prix
1 st	£200	£100
2 nd	£125	£60
3 rd	£75	£40
4 th	£50	£30
5 th	£30	£20

Entry forms for all events are now available on the Scottish Swimming website www.scottishswimming.com at the Open Water Downloads section.