

# **LOTHIAN REGION SWIM GROUP**



## **IAIN MACFADYEN MEMORIAL GALA**

MINI AGE GROUP MEET  
PRESTONPANS SWIMMING POOL

**SATURDAY 11th SEPTEMBER 2010**

SESSION 1 WARM UP 9.00am START 9.45am  
SESSION 2 WARM UP 1pm START 1.45pm

*This is an L3 licensed non accredited meet*

### **Age Groups:**

8-10 year  
11 and 12 years.

**Age groups determined as of 11<sup>th</sup> September 2010**

***Swimmers who are either medallists or finalists in the East District Age Groups are NOT eligible to swim in this competition.***

A list of events is enclosed.  
If events are oversubscribed, rejections will be made from the fastest swimmers.

***Swimmers can only swim in their own age group.***

### **Entry fees:**

£2.50 per swim for 8-10years  
£3.50 per swim for 11 & 12 years  
£5.00 per relay event entered

**(cheques made payable to Lothian Region Swim Committee)**

Medals will be presented to 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> places to 4<sup>th</sup> 5<sup>th</sup> and 6<sup>th</sup>.  
This will be a heat declared winner event and no finals will be swum.

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The competition will be swum under SASA rules.  
The Management Committee reserves the right to restrict heats if necessary.

Clubs are asked to provide the names of 2 officials and 1 helper for each session of the meet.

Each club will be given one lunch ticket, should you require more please indicate how many on the bottom of your entry form.

**Extra tickets will cost £5.00 each.**

All Clubs entering are asked to provide a raffle prize this is to allow us to keep the cost of the entries to a minimum.

**IAIN MACFADYEN MEMORIAL GALA**

**MINI AGE GROUP MEET**

**PROGRAMME OF EVENTS.**

<b>8-10 YEARS</b>	25mtrs Butterfly 50mtrs Breaststroke, Backstroke, Freestyle
<b>11 YEARS</b>	50mtrs Butterfly, Breaststroke, Backstroke, 100mtrs Freestyle 100mtrs Individual Medley
<b>12 YEARS</b>	50mtrs Butterfly 100mtrs Breaststroke, Freestyle, Backstroke 100mtrs Individual Medley
<b>8-10 YEARS</b>	4x25mtrs Medley Relay (Girl-Back Boy-Breast Boy-Fly Girl- Free)
<b>11/12 YEARS</b>	4x50mtrs Medley Relay (Girl-Back Boy-Breast Boy-Fly Girl- Free) Each team must swim at least 1x11 year old Girl and 1x11 year old Boy.
<b>8-10YEARS</b>	4x25mtrs Freestyle Relay (To be swum Girl Boy Girl Boy)
<b>11/12 YEARS</b>	4x50mtrs Freestyle Relay (To be swum (Girl Boy Girl Boy) Each team must swim at least 1x11 year old Girl and 1x11 year old Boy.

***SWIMMERS CAN ONLY SWIM IN THEIR OWN AGE GROUP***

**ENTRIES**

Entries should be made using Hy-tek.  
These files can be obtained from the Meet Entries Secretary.

**Closing date 12<sup>th</sup> August 2010**

**Meet Entries Secretary**

Susan Liddle  
9 Rullion Road  
Penicuik  
EH26 9HS

01968 673471

e-mail: susan@dwliddle.co.uk

**Licence Number: ED/LA3/298/0309**

### Morning Session

<b>Event</b>	<b>Gender</b>	<b>Age Group</b>	<b>Stroke/ Distance</b>
101	F	11 years	100m Individual Medley
102	M	11 years	100m Individual Medley
103	F	12 years	100m Backstroke
104	M	12 years	100m Backstroke
105	F	8-10 years	25m Butterfly
106	M	8-10 years	25m Butterfly
107	F	11 years	50m Breaststroke
108	M	11 years	50m Breaststroke
109	F	12 years	100m Breaststroke
110	M	12 years	100m Breaststroke
111	F	8-10 years	50m Backstroke
112	M	8-10 years	50m Backstroke
113	F	11 years	50m Butterfly
114	M	11 years	50m Butterfly
115	Mixed	8-10 years	100m Medley Relay
116	Mixed	11-12 years	200m Medley Relay

### Afternoon Session

<b>Event</b>	<b>Gender</b>	<b>Age Group</b>	<b>Stroke/ Distance</b>
201	F	12 years	100m Individual Medley
202	M	12 years	100m Individual Medley
203	F	8-10 years	50m Breaststroke
204	M	8-10 years	50m Breaststroke
205	F	11 years	50m Backstroke
206	M	11 years	50m Backstroke
207	F	12 years	50m Butterfly
208	M	12 years	50m Butterfly
209	F	8-10 years	50m Freestyle
210	M	8-10 years	50m Freestyle
211	F	11 years	100m Freestyle
212	M	11 years	100m Freestyle
213	F	12 years	100m Freestyle
214	M	12 years	100m Freestyle
215	Mixed	8-10 years	100m Freestyle Relay
216	M	11-12 years	200m Freestyle Relay

## Entry Form Summary Sheet



*\*\* Please complete this form and return with your entries. \*\**

Club Name: .....

Contact Name: .....

Club Code: .....

Address:.....

.....

.....

.....

e-mail-address: .....

Telephone: .....

..... 8-10years (Male and Female) Entries @ £2.50 each: £.....

..... 11-12years (Male and Female) Entries @ £3.50 each: £.....

..... All Relay Entries @ £5.00 each: £.....

..... Additional Lunch Tickets required @ £5.00 each: £.....

Signed .....

Position in club: .....

Please make cheques payable to: **Lothian Region Swim Committee**

Return this form along with entries by email no later than **12<sup>th</sup> August 2010**

Susan Liddle  
9 Rullion Road  
PENICUIK  
EH26 9HS  
01968 673471  
e-mail: [susan@dwliddle.co.uk](mailto:susan@dwliddle.co.uk)

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## GENERAL INFORMATION

Many thanks for entering The Iain MacFadyen Memorial Gala.

Please find below some general information with regards to the running of the Gala.

- No swimming bags will be allowed onto poolside due to the limited space available.
- There will be ample lockers available.
- No food must be consumed at poolside; there is a designated area just outside the pool area.
- Marshalling will be 4 heats in advance.
- Only swimmers and coaches will be allowed poolside.
- Swimmers out with the poolside area **MUST** wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside area.
- Swimmers must act on the instruction given by meet officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
- The use of Mobile Phones is prohibited by Mercat Gait Leisure Centre
- **No photographic or video equipment will be allowed in any area without prior approval from the meet organizers. Application forms can be obtained from the meet organizer.**

### • **Warm-up/Events**

- The warm-up may only commence when advised to do so.
- No diving allowed other than in controlled sprint lanes
- The meet stewards will designate sprint lanes
- No congregating will be allowed at either end of the pool lanes.
- The one start rule will be used.

### **Poolside and Poolside Access**

- Swimmers and Coaches only will be allowed poolside.
- Swimmers and Coaches must not take glassware into the showers or onto poolside and are liable for expulsion from the meet if found to do so.

### **Miscellaneous**

- Neither The Lothian Swimming Committee nor Prestonpans Swimming Pool can be held responsible for loss or damage to swimmers, team staff or spectator's property.
- The Lothian Swimming Committee retains the right to amend any of the above conditions as necessary.