



# East District Masters 2011

Session 2 – Results



## Event 107 Mixed 75-99 4x50 Metre Medley Relay

1	West Lothian	B	2:04.71	30.49	1:02.66	1:34.83	2:04.71
2	Incas	A	2:09.89	35.21	1:14.16	1:44.48	2:09.89
3	West Lothian	C	2:11.75	33.97	1:14.00	1:46.22	2:11.75
4	West Lothian	A	2:26.82	36.43	1:24.24	1:53.83	2:26.82
5	Ren 96	A	2:43.32	51.24	1:34.42	2:04.14	2:43.32

## Event 107 Mixed 100-119 4x50 Metre Medley Relay

1	West Lothian	B	2:05.45	31.06	1:09.36	1:35.90	2:05.45
2	Silver City	A	2:11.80	36.63	1:09.22	1:41.05	2:11.80
3	West Lothian	A	2:13.92	35.43	1:11.21	1:42.41	2:13.92
4	Inverness	A	2:16.58	34.67	1:13.42	1:45.11	2:16.58
---	West Lothian	C	DQ				

## Event 107 Mixed 120-159 4x50 Metre Medley Relay

1	Hearts	A	2:16.11	33.59	1:10.29	1:45.47	2:16.11
2	Silver City	A	2:18.29	40.24	1:18.99	1:47.90	2:18.29
3	Incas	A	2:21.26	35.44	1:12.76	1:44.22	2:21.26
4	Glasgow Wn	A	2:40.84	56.73	1:37.03	2:08.76	2:40.84

## Event 107 Mixed 160-199 4x50 Metre Medley Relay

1	Silver City	A	2:11.65	34.98	1:11.97	1:39.77	2:11.65
2	West Lothian	A	2:20.08	40.69	1:17.18	1:53.31	2:20.08
3	Angus Mas	A	2:23.18	39.56	1:22.73	1:52.29	2:23.18
4	Glasgow Wn	A	2:28.90	37.58	1:17.21	1:52.27	2:28.90
5	Inverclyde M	A	2:31.64	41.14	1:20.90	1:59.38	2:31.64
6	Ren 96	A	2:40.86	54.40	1:35.50	2:07.77	2:40.86
7	West Lothian	B	2:50.48	48.58	1:33.85	2:14.43	2:50.48

## Event 107 Mixed 200-239 4x50 Metre Medley Relay

1	Inverness	A	2:44.15	47.98	1:33.02	2:05.68	2:44.15
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## Event 107 Mixed 240-279 4x50 Metre Medley Relay

1	West Lothian	A	3:04.46	33.89	1:42.30	2:21.48	3:04.46
2	Silver City	A	3:13.88	49.50	1:45.78	2:29.16	3:13.88

## Event 201 Womens 16-24 400 Metre East District 400m

1	Fiona Donald	18	West Lothian	5:04.79	34.39	1:12.28	1:50.43	2:28.86	3:07.28	3:46.68	4:26.04	5:04.79
2	Rachel Donald	16	West Lothian	5:42.69	36.43	1:18.35	2:02.07	2:45.77	3:29.88	4:15.03	4:58.87	5:42.69
3	Lauren Porteous	22	Ren 96	6:43.47	46.86	1:35.81	2:26.35	3:17.95	4:09.85	5:00.88	5:52.09	6:43.47

## Event 201 Womens 25-29 400 Metre East District 400m

1	Emma Ross	25	West Lothian	4:59.93	33.78	1:10.83	1:48.35	2:26.69	3:04.88	3:43.18	4:21.75	4:59.93
2	Sara Richmire	29	Silver City	5:14.61	35.47	1:14.58	1:54.16	2:33.94	3:13.33	3:53.28	4:33.91	5:14.61
3	Sarah Davey	28	Glasgow Wn	5:20.70	35.99	1:15.33	1:55.89	2:36.72	3:17.89	3:59.23	4:40.51	5:20.70
4	Marie Clare McCormick	25	Ren 96	6:39.11	44.76	1:34.49	2:25.39	3:16.71	4:08.24	4:59.38	5:49.50	6:39.11
5	Lynn Murdoch	27	Ren 96	7:56.68	50.91	1:52.22	2:54.72	3:57.98	5:00.32	6:01.91	7:03.04	7:56.68

## Event 201 Womens 30-34 400 Metre East District 400m

1	Erica Jones	30	Silver City	5:06.16	34.48	1:12.08	1:50.74	2:29.92	3:08.80	3:48.05	4:27.97	5:06.16
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## Event 201 Womens 35-39 400 Metre East District 400m

1	Catherine Murray	36	Silver City	5:33.83	37.71	1:19.10	2:01.48	2:43.93	3:26.78	4:09.54	4:52.35	5:33.83
2	Janet McLean	38	Carnegie	5:36.97	37.15	1:18.41	2:01.24	2:43.10	3:26.40	4:10.00	4:53.88	5:36.97



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## Event 201 Womens 40-44 400 Metre East District 400m

1	Karen Howells	40	Forres	5:22.38	36.49	1:16.23	1:57.37	2:38.75	3:20.79	4:02.47	4:43.56	5:22.38
2	Fiona McEwen	41	West Lothian	6:00.35	38.49	1:21.68	2:07.45	2:53.27	3:39.95	4:26.98	5:14.25	6:00.35
3	Vicky Taylor	41	Angus Mas	6:08.34	42.81	1:28.96	2:16.39	3:03.44	3:49.95	4:36.34	5:23.31	6:08.34
4	Helen Beveridge	43	Inverness	7:34.04	48.74	1:44.31	2:42.60	3:41.02	4:39.41	5:38.24	6:38.07	7:34.04
5	Laura Thomson	43	Duns	8:26.00	56.84	1:59.94	3:04.40	4:08.98	5:14.01	6:18.72	7:23.24	8:26.00

## Event 201 Womens 45-49 400 Metre East District 400m

1	Karen McBeath	49	Forres	5:03.97	34.66	1:12.58	1:51.77	2:30.95	3:10.15	3:48.64	4:27.52	5:03.97
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## Event 201 Womens 50-54 400 Metre East District 400m

1	Judy Hattle	51	Carnegie	5:50.25	38.96	1:22.95	2:07.35	2:51.81	3:36.57	4:21.35	5:05.89	5:50.25
2	Ursula Ryder	51	Dundee City A	5:59.78	41.17	1:26.35	2:12.27	2:58.44	3:44.55	4:29.98	5:15.83	5:59.78
3	Andrea Gellan	54	Incas	6:00.16	41.15	1:26.24	2:11.82	2:57.74	3:43.76	4:30.22	5:16.19	6:00.16

## Event 201 Womens 55-59 400 Metre East District 400m

1	Frances Cassidy	57	Inverness	7:29.94	51.69	1:47.13	2:43.93	3:41.52	4:39.01	5:36.08	6:33.43	7:29.94
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## Event 201 Mens 16-24 400 Metre East District 400m

1	Callum Prentice	22	West Lothian	5:04.19	32.55	1:08.68	1:45.57	2:22.81	3:00.59	3:39.22	4:21.27	5:04.19
2	Calum MacQueen	21	Ren 96	5:20.82	36.55	1:16.14	1:56.96	2:38.51	3:20.19	4:01.50	4:42.91	5:20.82

## Event 201 Mens 25-29 400 Metre East District 400m

1	John Owen	28	West Lothian	4:10.66	27.45	58.53	1:30.43	2:02.10	2:33.76	3:05.84	3:38.64	4:10.66
2	Gordon Prentice	28	West Lothian	4:51.22	33.06	1:10.17	1:48.08	2:26.81	3:03.29	3:40.39	4:16.89	4:51.22
3	Mark McCartney	27	Silver City	5:03.08	32.89	1:10.25	1:48.64	2:28.06	3:07.51	3:46.93	4:25.68	5:03.08
4	Glen Sloss	27	Ren 96	5:13.75	34.79	1:13.06	1:52.60	2:32.78	3:13.25	3:54.56	4:35.58	5:13.75
5	Scott Gauld	26	Silver City	5:56.50	39.96	1:23.94	2:08.76	2:54.20	3:40.36	4:26.73	5:13.10	5:56.50

## Event 201 Mens 30-34 400 Metre East District 400m

1	Robert MacKay	33	Warrender	5:55.97	38.26	1:22.15	2:07.70	2:53.82	3:39.69	4:25.70	5:11.36	5:55.97
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## Event 201 Mens 35-39 400 Metre East District 400m

1	James Bromham	39	Inverness	4:55.04	34.35	1:11.62	1:49.32	2:27.28	3:04.63	3:42.76	4:19.74	4:55.04
2	Stuart McPherson	36	Silver City	5:02.68	33.94	1:10.95	1:49.27	2:28.58	3:08.06	3:47.34	4:26.23	5:02.68
3	Paul Higgenbotham	38	Glasgow Wn	5:35.08	36.38	1:16.22	1:57.70	2:40.86	3:23.60	4:07.86	4:52.20	5:35.08
4	Fergus Sim	38	Ren 96	5:57.96	38.74	1:22.57	2:07.91	2:53.88	3:39.93	4:26.21	5:12.77	5:57.96

## Event 201 Mens 40-44 400 Metre East District 400m

1	Doug Robertson	44	Ren 96	6:24.84	44.05	1:31.60	2:19.65	3:08.40	3:57.24	4:46.02	5:36.29	6:24.84
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## Event 201 Mens 45-49 400 Metre East District 400m

1	Kevin Smith	47	Co Newcastle	4:53.14	32.63	1:08.50	1:45.16	2:22.11	2:59.22	3:37.15	4:15.41	4:53.14
2	Alastair Caird	49	Angus Mas	5:08.85	36.68	1:15.58	1:55.00	2:34.36	3:13.53	3:52.82	4:31.49	5:08.85
3	Stuart McPhail	49	Ren 96	5:26.31	36.45	1:16.00	1:57.37	2:39.59	3:21.64	4:03.57	4:45.48	5:26.31

## Event 201 Mens 50-54 400 Metre East District 400m

1	Steve Allen	51	West Lothian	5:26.05	36.82	1:17.01	1:58.66	2:40.77	3:23.13	4:05.29	4:46.61	5:26.05
2	Martin Hodge	53	Silver City	5:43.06	38.24	1:20.56	2:04.29	2:48.55	3:32.96	4:17.04	5:01.13	5:43.06
3	Fred McLaughlin	52	Inverclyde M	6:10.85	41.19	1:26.76	2:13.15	3:00.49	3:48.25	4:36.11	5:23.78	6:10.85
4	Brian Battensby	51	Silver City	8:05.28	55.31	1:56.67	2:59.58	4:01.89	5:05.35	6:09.03	7:10.78	8:05.28

## Event 201 Mens 55-59 400 Metre East District 400m

1	Bill Reid	57	Silver City	6:14.77	41.87	1:28.03	2:15.58	3:03.37	3:51.24	4:39.20	5:27.62	6:14.77
2	Graham Pearson	59	Carnegie	6:24.51	42.18	1:29.03	2:16.06	3:04.33	3:53.09	4:44.03	5:36.00	6:24.51

## Event 201 Mens 60-64 400 Metre East District 400m

1	David Freeland	61	Motherwell W	8:04.23	50.26	1:48.09	2:47.69	3:49.66	7:03.42	8:04.23		
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