

UKCC Level 3 Certificate of Coaching Swimming Outline

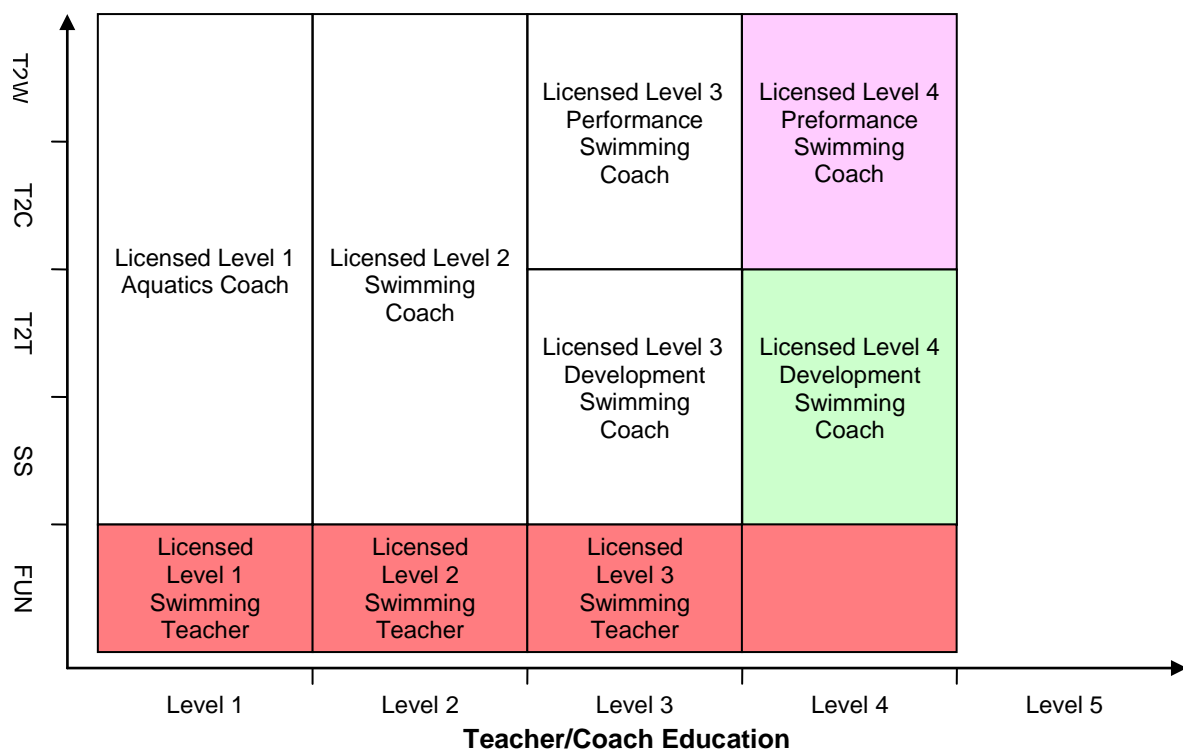
The UKCC Level 3 Certificate of Coaching Swimming is the 3rd level in the coach education pathway. At Level 3, coaches can begin to specialise in coaching in either a Performance or Development context. All coaches complete the same learning units; however the different contexts will be assessed according to the coaches' circumstances in their own programme.

When looking at whether a coach is focused on either Performance or Development, consideration will be given to the coach's normal coaching environment. To assist the coach and course organiser in reaching the right decision, both the Coach Licensing criteria and the Club Accreditation Programme, SwiMark will be used. To this end, if not licensed already, the coach can use the Level 3 licence criteria to explore which of the contexts they would be more likely to use to qualify for a full Level 3 Licence. For example, using SwiMark, practical assessment will ideally occur in a club that is accredited as follows:

- Development = Swim Skills and Train to Train.
- Performance = Training to Compete and Training to Win.

If a coach wishes to become qualified in both areas then they must demonstrate coaching competence in the two separate environments. All of which can be illustrated using Figure 1 below:

Figure 1: The Swimming Teacher/Coach Pathway



Who is the UKCC Level 3 Coaching Swimming qualification for?

Qualification	UKCC Level 3 Yes/No
<ul style="list-style-type: none"> ▪ Existing ASA Club Coach looking to progress to next level 	Yes ✓
<ul style="list-style-type: none"> ▪ UKCC Level 2 Coaching Swimming with club coaching experience 	Yes ✓
<ul style="list-style-type: none"> ▪ UKCC Level 2 Teaching Aquatics or ASA Level 2 Teacher Units 1 – 4 with considerable club coaching experience 	Yes ✓
<ul style="list-style-type: none"> ▪ Equivalent qualification and experience in swimming coaching 	Yes ✓

Success in delivering the UKCC Level 3 Coaching Swimming certificate in the past five years, and the ASA Club Coach certificate (Swimming) and ASA Coach Certificate prior to that, suggests that there is a healthy demand for a progressive swimming coach education system in Scotland. The Scottish Swimming Corporate Plan target is for 2000 licenced swimming teachers and coaches at all levels by 2014. Good progress has been made towards this target with over 2200 teachers and coaches achieving UKCC qualifications in the last 4. This year's Level 3 cohort will be the sixth such recruitment since the programme began in 2007.

Unlike UKCC Levels 1 & 2, the overall responsibility for co-ordinating, planning and delivering Level 3 Coaching Swimming in Scotland rests centrally with Scottish Swimming. This is due to the scale of the programme, locus of demand and the need to align an overall Course Director and mentor programme to the process.

Each of the initial ten (10) units will be delivered at the National Swimming Academy (NSA) in Stirling. Figure 2 shows the programme of content which will be delivered in a progressive manner. The dates for the delivery of the course in 2012 are illustrated in Appendix A. The intention for delivery of these units is to integrate new knowledge with practical coaching application and where possible, the modules will be integrated with the Scottish Swimming Performance Development Programme, including stroke camps, testing and education sessions. Unit 11 encompasses the final assessment process which takes places after successful completion of the previous ten.

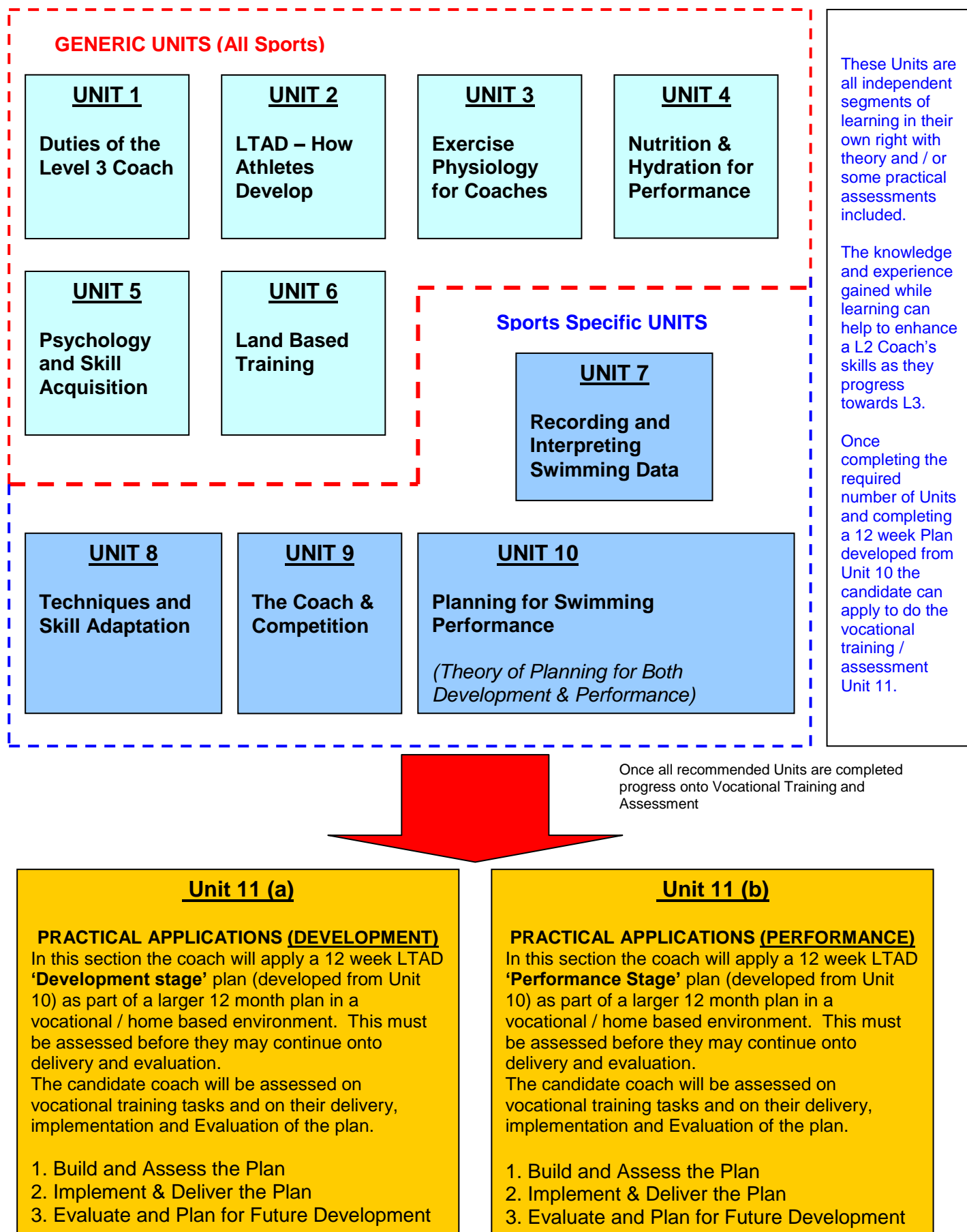
A successful and popular feature of the Level 3 programme is the involvement of leading coaches and support staff in the delivery of units. Under the overall guidance of the Course Director, invited speakers are given the opportunity to share best and innovative practice. Each unit is considered as a stand alone learning episode, although some may be delivered together over a weekend in a blended approach to assist learning. Further input by experts in specific fields, e.g. Sports Psychology, is provided in an effort to present coaches with up-to-date knowledge and research.

Coaches, on return to their home based programmes, will then work through the tasks set in the candidate log book in line with the assessment milestones also outlined in Appendix A. In addition to this, coaches will be practically supported by an agreed mentor who is appointed according to each coach's individual circumstances and learning plan. The mentor will be recognised by Scottish Swimming as someone with the appropriate skills and experience to assist with coach learning and development. Each coach will have a negotiated amount of support from their mentor, which will include time spent at training and competition.

Successful applicants to the 2012 course will attend an induction from 13 – 15 April 2012 at Stirling University where they will be introduced to Richard Gordon Director of Development/ Course Director and Kerry Wood, Stirling Integrated Swimming Coach. The first 3 days of induction (13-15 April) will provide coaches with an opportunity to become familiar with the course content and materials in addition to which some initial unit delivery will take place. The next four days (Saturday's 21 & 28 and Sunday's 22 & 29 April) will be integrated with the District Regional Programme Stroke Camps. The dates for the remaining units are fixed (as per Appendix A) although availability of presenters may occasionally require a change of content.

All interested coaches are asked to register for the 2012 course by completing and returning the attached Application Form by **Wednesday 29th February 2012.**

Figure 2: Overview of Unit Structure



UKCC Level 3 Certificate of Coaching Swimming Application Form

Please complete this and return to Education, Scottish Swimming, National Swimming Academy, University of Stirling, FK9 4LA or fax 01786 466521 / email Education@scottishswimming.com

Applicants for the 2012 programme should return their forms no later than Wednesday 29th February 2012.

Title:	First Name:	Surname:				
Address:						
		Post Code				
Day Phone:		Evening Phone:				
Mobile Phone:		Email Address:				
Scottish Swimming Members Number:						Club:
CANDIDATES FOR THIS COURSE MUST BE 18 YEARS OF AGE						
Date of Birth				Gender		
D	D	M	M	Y	Y	Y
		M		F		
Special requirements						
Special provisions required in respect of the written element of the course.						
Access _____						
Other _____						
Please provide details of your current qualification in swimming coaching (or teaching). Please only provide details the most recent and relevant qualification held, the awarding body and date achieved.						
Qualification:		Awarding Body i.e. SQA, ASA:			Date Achieved:	

COURSE	COST
UKCC Level 3 Certificate of Coaching Swimming	<p>FULL COURSE COST: £1000.00:</p> <p>Registration fee: £250.00 (includes assessment fee, candidate resources and Unit 1). The registration fee must be paid at the time of application.</p> <p>The remaining £750 must be paid by 13th April 2012 or by prior agreement with Scottish Swimming.</p>