



Reports for East District Management Meeting

21st March 2019

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Correspondence from 7th February 2019



Ref No	Date received	From	Subject	Date Sent	To
2019-115	08 February 2019	Sarah Pryde-Smith	Armadale Barracudas		
2019-116	08 February 2019	Cath Fleming	Invoice		
2019-117	09 February 2019	Aquanauts	WBO		
2019-118	10 February 2019	Jack Walker	Edinburgh International Information		
2019-119			Fwd. Edinburgh International Information	11 February 2019	Club Secretaries
2019-120	11 February 2019	Les Rodger	East District Age Groups		
2019-121	11 February 2019	Trojan	Trojan Time Banded Gala		
2019-122			Trojan Time Banded Gala	11 February 2019	Club Secretaries
2019-123			Re. 115 - Armadale Barracudas	11 February 2019	Sarah Pryde-Smith
2019-124	11 February 2019	Cath Fleming	AGM Minutes		
2019-125	11 February 2019	Les Rodger	Edinburgh International		
2019-126			Re. 125 - Edinburgh International	11 February 2019	Les Rodger
2019-127	11 February 2019	Andra Laird	Best boy/girl		
2019-128	12 February 2019	Bryan Walkinshaw	EDAGS		
2019-129			Re. 128 - EDAGS	12 February 2019	Bryan Walkinshaw
2019-130			Fwd. 128 - EDAGS	12 February 2019	Swim Conv + Executive
2019-131	12 February 2019	Andra Laird	Re. 128 - EDAGS		
2019-132			Fwd. 128 - EDAGS	12 February 2019	Andra Laird

Ref No	Date in	From	Subject	Date Sent	To
2019-133	12 February 2019	Broxburn	Constitution and list of Exec committee:		
2019-134	12 February 2019	Andra Laird	EISM press release		
2019-135	13 February 2019	Melanie Orr	Club Transfer Updates		
2019-136	14 February 2019	Andra Laird	EISM 2019		
2019-137			Re. 115 - Armadale Barracudas	15 February 2019	Executive
2019-138	17 February 2019	Peter Allan	Apologies		
2019-139	18 February 2019	Carolyn Crichton	Basket Carriers		
2019-140	18 February 2019	Victoria Lowe	Apologies		
2019-141			Re. 139: Basket Carriers	18 February 2019	Carolyn Crichton
2019-142			AGM Minutes and Correspondence	18 January 2019	Executive
2019-143			AGM Minutes and Correspondence	18 January 2019	Convenors
2019-144			AGM Minutes and Correspondence	18 January 2019	Life Members
2019-145			AGM Minutes and Correspondence	18 January 2019	Club Secretaries
2019-146	18 February 2019	Jayne Preacher	Annual Fees		
2019-147			Fwd. 146- Annual Fees	18 February 2019	James Laird
2019-148	18 February 2019	James Laird	Re. 146- Annual Fees		
2019-149	18 February 2019	Incas	Re: Information required		
2019-150			Re: 149 - Information required	18 February 2019	Incas
2019-151	18 February 2019	Helen Murray	EISM Legacy Trustees		
2019-152			Edinburgh International	18 February 2019	Ronnie Anderson

Ref No	Date in	From	Subject	Date Sent	To
2019-153			Re. 151 - EISM Legacy Trustees	18 February 2019	Helen Murray
2019-154	19 February 2019	James Laird	Edinburgh International Meet		
2019-155	19 February 2019	Sarah Pryde-Smith	Armadale Barracudas Meeting Actions/Notes		
2019-156			Re: 154 - Edinburgh International Meet	19 February 2019	James Laird
2019-157	19 February 2019	James Laird	Re: 154 - Edinburgh International Meet		
2019-158	19 February 2019	Duncan McKinnell	Re: 154 - Edinburgh International Meet		
2019-159	19 February 2019	James Laird	Re: 154 - Edinburgh International Meet		
2019-160	19 February 2019	Duncan McKinnell	Re: 154 - Edinburgh International Meet		
2019-161	19 February 2019	Les Rodger	Re: 154 - Edinburgh International Meet		
2019-162	19 February 2019	Les Rodger	East District Logo		
2019-163	19 February 2019	James Laird	Re: 154 - Edinburgh International Meet		
2019-164			Re. 162 - East District Logo	19 February 2019	Les Rodger
2019-165	19 February 2019	Susan MacFarlane	Apologies		
2019-166	19 February 2019	Fiona McEwan	Apologies		
2019-167	20 February 2019	Fins	No Longer Fins Secretary		
2019-168	20 February 2019	Victoria Lowe	Sarah Duncan re. coaching grant		
2019-169	20 February 2019	Les Rodger	District Modernisation		
2019-170	21 February 2019	Dunedin	Dunedin Structure and Constitution		
2019-171	21 February 2019	Melanie Orr	Scottish Swimming 2019 AGM		
2019-172			Re. 171 - Scottish Swimming 2019 AGM	21 February 2019	Melanie Orr

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2019-173			Fwd. 168 - Coach grant	21 February 2019	Fife & Lothian Convenors
2019-174			Re. 169 - District Modernisation	21 February 2019	Les Rodger
2019-175	21 February 2019	Andra Laird	Apologies		
2019-176	21 February 2019	Melanie Orr	Swim Easy		
2019-177	21 February 2019	Alistair McCabe	Fins Information		
2019-178			Delegates' Attendance	21 February 2019	Cath Fleming
2019-179	22 February 2019	Swim Easy	Re 176 - Swim Easy		
2019-180			Re 176 - Swim Easy	22 February 2019	Swim Easy
2019-181	22 February 2019	Swim Easy	Re 176 - Swim Easy		
2019-182			Re 176 - Swim Easy	22 February 2019	Swim Easy
2019-183			Re 176 - Swim Easy	22 February 2019	Executive
2019-184			Re 176 - Swim Easy	22 February 2019	Melanie Orr
2019-185	22 February 2019	Vicky Peakman	Constitution and list of Exec committee:		
2019-186	22 February 2019	Duncan McKinnell	Re 176 - Swim Easy		
2019-187			Re 176 - Swim Easy	22 February 2019	Duncan McKinnell
2019-188	22 February 2019	Les Rodger	Re 176 - Swim Easy		
2019-189	22 February 2019	Duncan McKinnell	Re 176 - Swim Easy		
2019-190	25 February 2019	Kelso	Constitution and list of Exec committee:		
2019-191			Re 176 - Swim Easy	25 February 2019	Melanie Orr
2019-192	27 February 2019	Melanie Orr	AGM Presentation and Notes from Workshop		
2019-193	27 February 2019	Les Rodger	sasaeastdistrictopenwater@gmail.com		

Ref No	Date in	From	Subject	Date Sent	To
2019-194	27 February 2019	James Laird	Club Secretaries		
2019-195			Re. 194 - Club Secretaries	28 February 2019	James Laird
2019-196	01 March 2019	Inverleith	Constitution and list of Exec committee:		
2019-197	03 March 2019	Helen Murray	Notes from meeting		
2019-198	03 March 2019	Helen Murray	Red Nose Day		
2019-199	04 March 2019	James Laird	Re. 194 - Club Secretaries		
2019-200			Re. 194 - Club Secretaries	04 March 2019	James Laird
2019-201	04 March 2019	ALASTAIR MCCABE	FINS secretary & treasurer ancwardlaw@gmail.com		
2019-202			Fwd. 201 - FINS secretary & treasurer	04 March 2019	James Laird
2019-203	05 March 2019	Swim Easy	Governance & Management		
2019-204			Re. 203 - Governance & Management	05 March 2019	Swim Easy
2019-205	05 March 2019	Colin Kennedy	Past Presidents List		
2019-206	05 March 2019	Cardenden ASC	Information		
2019-207	06 March 2019	Cath Fleming	AGM Minutes		
2019-208	08 March 2019	Heather McIntyre	Fife Minutes		
2019-209			Fwd. 208 - Fife Minutes	08 March 2019	Les Rodger
2019-210			Management Meeting	08 March 2019	LR, DMcK
2019-211	09 March 2019	Les Rodger	Notes from last Delegates Meeting		
2019-212			Re. 211 - Notes from last Delegates Meeting	09 March 2019	Les Rodger
2019-213	09 March 2019	Cath Fleming	Re. 211 - Notes from last Delegates Meeting		
2019-214	10 March 2019	Les Rodger	Fife Region		

Ref No	Date in	From	Subject	Date Sent	To
2019-215	10 March 2019	Incas	East District Meetings		
2019-216			Re. 214 - Fife Region	10 March 2019	Les Rodger
2019-217			Re. 215 - East District Meetings	10 March 2019	Incas
2019-218	10 March 2019	Alistair Shields	Forthcoming workshops		
2019-219			Re. 214 - Fife Region	10 March 2019	Les Rodger
2019-220	10 March 2019	Les Rodger	Re. 210 - Management Meeting		
2019-221	10 March 2019	Andra Laird	EISM ticket sales		
2019-222			Fwd. 218 -Forthcoming workshops	11 March 2019	Club Secretaries
2019-223			Fwd. 221 - EISM ticket sales	11 March 2019	Club Secretaries
2019-224	12 March 2019	Warrender	Re: Information required		
2019-225	12 March 2019	Les Rodger	Re. 214 - Fife Region		
2019-226			Re. 214 - Fife Region	12 March 2019	Les Rodger
2019-227	13 March 2019	Midlothian	2020 EDAGs		
2019-228			Re. 227 - 2020 EDAGs	13 March 2019	Midlothian
2019-229			Management Meeting 21st March	13 March 2019	Executive
2019-230			Management Meeting 21st March	13 March 2019	Convenors
2019-231	13 March 2019	Andra Laird	Ottesen Joins British Crew for blog		
2019-232	16 March 2019	Colin Mathews	New Secretary trojanasc@outlook.com		
2019-233	16 March 2019	James Laird	Treasurer's report for 21st March		
2019-234	18 March 2019	Richie Metcalfe	BWPL Waterpolo on BBC tv		
2019-235	19 March 2019	Richie Metcalfe	Water polo report		

Swimming Report March 2019

The Edinburgh International for 2019 is now complete. Entries were significantly lower than in previous years in particular from the youth swimmers. It seems likely this was, at least in part, due to the meet not being in the British Swimming window. This had a significant impact on our plans to upgrade meet presentation as we had to reduce expenditure wherever we could. Had it not been for the sponsorship and support received from the district, the council, the University and others, the meet could not have gone ahead. On the plus side, the quality of the open swimming was exceptional and made for some very exciting racing. We should not underestimate the achievement in being able to run a meet at this level. As ever, there are areas we can improve and a review meeting is scheduled for 3 April.

Planning is now underway for the East District Open and Long Course time trial, both being run over the weekend of 27 and 28 April. We have 5 youth event management trainees taking part in the pilot programme; 4 of them attended and assisted at EISM and I hope that they will all be present at the open and LCTT where I would like them to take a lead in some areas as well as play a more active role in the run up to the meet. Going forward, we need to link them into other more local events so that they can get hands on experience and continue their development.

Swim Committee has also agreed an approach to the Telfer Cup going forward for 2019/20, set out in the attached. Management Team is asked to consider the suggestion and if agreed, make the necessary rule changes.

Finally, an opportunity has arisen to run a coach development session for ED coaches on 24 April with Wayne Goldsmith at the RCP. Wayne is usually based in Australia and will be running a number of events in Scotland in the week commencing 20 April. We are discussing a programme involving swimmer mental skills, a pool session with coaches, followed by a workshop.

At the latest National Swim Committee there was a discussion on Rule R4.4.1: (All competitive aquatic meets held in Scotland, involving members from two or more clubs, require to be licensed by the Company). The committee concluded that composite teams can hold time trial / club champs style events without needing to apply for a licence, provided certain conditions are met (see note 1). There was further discussion about what counts as a competitive meet which we will need to discuss further at the district swim committee (see note 2).

Andra Laird
Swimming Convenor.

Note 1: Rule 4.4.1

If clubs that are all in the same composite team, hold a meet, time trial or team championships together, then if everyone takes part under the composite team name then this could be classified as an internal meet and would not need a licence. If there is an element of competing for their clubs (eg club relays) then this would mean that two or more clubs were competing and a licence would be needed. Although not mentioned at the time of discussion, R5.4.4 may also come into play here because competitors representing a composite team cannot also represent their registered club in the same competition.

Note 2:

A non-threatening competitive experience which is really only about training swimmers to compete by improving their knowledge of the procedures of racing is not necessarily a competitive experience in itself and, if swimmers from more than one club are present for this purpose a licence may not be required. This would also apply where two clubs have a joint training session and finish off with a few races, including relays, for a bit of swimmer enjoyment rather than a competition.

Telfer Cup (TC) - Proposal for Management Meeting 20 March 2019

Proposal - to compute the winner of the Telfer Cup as being the club scoring the highest number of points from the mixed relay events currently run within the EDAGs programme. We run these for 4 age groups at present, with 2 events for each age group; 4x 50 medley and 4x 50 free.

Notes:

Only A teams would score points.

Points awarded from 8 to 0. A disqualified 'A' team receives zero points.

We would change the age range of older group to 17+ years in line with other relays in EDAGs.

Background

16 clubs entered the mixed relays in 2018 (6 entering 6 or more of the 8 events available) ; but only 2 clubs entered the Telfer Cup.

New rule for handbook

Telfer Cup

- 1) The Cup shall be known as the "Telfer Cup"
- 2) The Cup will be awarded to the winner of an annual competition.
- 3) Date of the competition to be set by the Swim Committee.
- 4) The competition format and rules will be managed by the Swim Committee.
- 5) Open to all District Clubs, the format is as follows;
 - The Telfer Cup will be awarded to the club gaining the highest number of points from mixed relay events in the EDAGs championships. The events in which points can be gained are the 200m mixed freestyle and 200m mixed medley relays for each of the age groups specified in the EDAGs meet information.
 - Only 'A' teams may score points. Points will be awarded in each event from 8 points for first place, 7 points for second place, down to zero points. A disqualified team earns zero points.

Format in 2018 – 19 this year was :

There are four team events. Each team in each event will comprise 2 females and 2 males.

Saturday

4 x 50m Freestyle Relay, two aged 11/12 and two aged 13/14

4 x 100m Medley Relay, all from Open ages (11-18 - see below)

Sunday

4 x 50m Medley Relay, two aged 11/12 and two aged 13/14

4 x 100m Freestyle Relay, all from Open ages (11-18 - see below)

No swimmer can compete more than once, so a full team will comprise 16 swimmers. Swimmers in the open relays can be any age within the EDAG age groups (11-18); age as at 31 December 2019.

March Synchro Report

Grades

18 swimmers from Edinburgh and 5 from Fife took part in the first figure grade assessment day of the year in February. 15 Edinburgh swimmers passed, one with Silver, and all Fife swimmers passed, two of them passing two grades in the same session.

Competitions

Swim England National Age Groups – Manchester

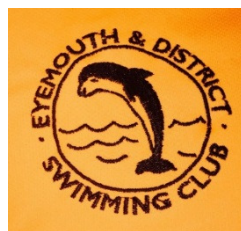
Following the change in the synchro calendar the Swim England NAGs 2019 were held just over three months after the 2018 competition. In 2018 Edinburgh swimmers were part of a Synchro Caledonia team that competed. This year Synchro Caledonia is focused on skills days so Edinburgh took a team to the competition in Manchester instead.

The eight swimmers who qualified took part in the figure and free team sections. The Mr Robot team performed brilliantly, coming 8th in routine-only scores and maintaining their 11th place overall.

Scottish Figure Competition – RCP

The Scottish Figure Competition is being held on Saturday 24 March. Edinburgh has 20 swimmers entered and the Junior swimmers will be competing in technical events for the first time.

Vicky Peakman



Borders Region Report – March 2018

The Border League got underway at Galashiels Swimming Pool on Sunday 11th March. The results from Round 1 are below:

Border League 2019

Junior League

10&U Girls Events 5, 13, 21, 29

Club	Round 1	Round 2	Round 3	Total
Galashiels	18			18
Hawick & Teviotdale	18			18
Eyemouth	16			16
Kelso	12			12
Peebles	11			11
Duns	7			7

12&U Girls Events 1, 7, 15, 23, 31

Club	Round 1	Round 2	Round 3	Total
Peebles	27			27
Kelso	26			26
Eyemouth	21			21
Galashiels	13			13
Hawick & Teviotdale	12			12
Duns	6			6

10&U Boys Events 6, 14, 22, 30

Club	Round 1	Round 2	Round 3	Total
Peebles	18			18
Kelso	17			17
Duns	15			15
Eyemouth	15			15
Galashiels	11			11
Hawick & Teviotdale	0			0

12&U Boys Events 2, 8, 16, 24, 32

Club	Round 1	Round 2	Round 3	Total
Kelso	23			23
Peebles	23			23
Galashiels	21			21
Eyemouth	17			17
Hawick & Teviotdale	12			12
Duns	8			8

Junior League Overall Events 1-2, 5-8, 13-16, 21-24, 29-32 and 37-40

Club	Round 1	Round 2	Round 3	Total
Peebles	103			103
Galashiels	70			70
Eyemouth	82			82
Duns	40			40
Kelso	88			88
Hawick & Teviotdale	44			44

Intermediate League Events 3-4, 9-12, 17-20, 25-28, 33-36, 41-42

Club	Round 1	Round 2	Round 3	Total
Galashiels	87			87
Duns	81			81
Peebles	67			67
Eyemouth	66			66
Kelso	62			62
Hawick & Teviotdale	47			47

IM

Events 1-4

Club	Round 1	Round 2	Round 3	Total
Galashiels	18			18
Peebles	18			18
Eyemouth	14			14
Duns	13			13
Kelso	11			11
Hawick & Teviotdale	10			10

EDAGs Finals

Held at Royal Commonwealth Pool on the 9th and 10th February, swimmers from five of the six Scottish Borders clubs competed and a significant number of swimmers reached the finals:

Rachel Dawson	5 th	16 yrs	100 Free	DUNS
Tyler Milton	6 th	15yrs	100 Breast	DUNS
Anna D'Agrosa	5 th	15 yrs	100 Fly	GALA
	5 th	15 yrs	100 Free	GALA
Laura Frizzel	4 th	15yrs	100 Fly	GALA
Amy Richardson	6 th	17 yrs+	100 Fly	KELSO
Ashley Drake	5 th	11-12 yrs	100 Free	PEEBLES
Bronwen Payne	7 th	12 yrs	200IM	KELSO

BEST

Robyn Methven continues as the BEST Head Coach and has been in position for nearly a year now, having started on 23rd March 2018.

Summary

Overall clubs are maintaining a healthy and active membership with some concerns over Hawick and Teviotdale who did not field any swimmers at EDAG's and are not currently represented on the Borders Regional Swim Committee. We will continue to monitor the achievements at EDAGs and SNAGs which has dropped slightly since last year.

East District Water Polo Summary for March

Scottish Competitions continue with 6 leagues running and 6 Scottish Cup competitions. ED clubs sit high in the current league tables whilst clubs continue to adjust to single gender leagues.

Scottish competitions are changing to an academic year cycle so will all finish in time for the summer holidays. It is anticipated that ED clubs will again feature prominently in the Scottish Cup finals in June.

Caledonia men narrowly missed promotion to Division 1 in the BWPL and will play in Division 2 next season along with Portobello men. Caledonia women have had a tough Super 5's and complete their season this weekend in Lancaster. They will start next season in Division 1. Caledonia Storm will start in Division 5 next season. **The BBC will be broadcasting live games from the Super 5's finale weekend on 23/24 Mar and may feature Caledonia women on Saturday.** Social media is being used to promote the event.

The first round of the Swim England National Age Groups have taken place with Caledonia U19 boys progressing to the qualifier round this weekend 23/24 Mar whilst the U17 boys failed to progress and have dropped into the plate competition. ED clubs have provided the core of both boys' teams and some ED girls have also been part of the KKASC U17 girls' team who have progressed to the qualifiers also taking place this weekend.

Two ED water polo forums have taken place and useful discussions have taken place. The East water polo academy, which was being held on Fri nights at RCP, has been suspended primarily due to lack of coaches and staff.

Dominique Zahra (Warr), Thomas Cameron (DWPC), Aithne Lawrence (DWPC), Eve Meadows (Warr) have all been recommended to attend GB 2001 born trials. Hopefully they'll join Niamh Moloney and Harry Gray, both DWPC, in the GB junior programme.

The Scottish WP Dev Officer Neal Rayner (Warr) has stepped down and the post is currently vacant pending discussions between SWP Chair and Scottish Swimming on future options. Neal will continue as SCO Ladies coach.

The Scotland senior womens squad for the EU nations in Brno Czech Republic 24th - 26th May 2019 has been announced and the team is well represented by players from East clubs.

BRITISH WATER POLO LEAGUE

NEW BUITING

SUPER FIVES FINALE WEEK-END

Sat 23rd March Starts 1.15pm
Sun 24th March Starts 9.30am

BBC SPORT

See all the action on:
BBC Red Button
BBC App
BBC Online Worldwide

STO Convenor report to Management meeting 21 March 2019

We have had a busy start to 2019 with the ED Age Groups Finals and EISM both at the RCP.

There was an excellent turn out of officials at the Finals with the deck fully staffed for all sessions and several ad-hoc judge training sessions took place over the weekend. These were also well attended and allowed several officials to undertake assessments since.

We were well supported by officials from across British Swimming at the EISM and this allowed for the deck to be fully staffed for all sessions. The FINA appointed officials Jane Whittle (Referee) and Sam Chadwick (Starter) provided very positive feedback and were satisfied that the meet was conducted in compliance with the FINA requirements.

This event also saw the Meet Referee, Andrew McRoberts IH, standing down from this level of event. Andrew had been the EISM Meet Referee since it's reintroduction to the calendar. He now feels the time is right to step back from the poolside and will be taking an extended sabbatical from swimming but we do hope we will see him back in some capacity in the future.

Officials Training and Development

The assessments of our 2018 Referee candidates took place on the 2 March 2019 at the Midlothian Spring Meet. The candidates, Susan Craigmile HN and Mark Lucas HN, performed well and passed without issue.

In addition to the workshops held in the EDAG finals our coordinators have been presenting a number of timekeeper courses across the district. A workshop for J2S (Starter) will be held at Prestonpans on 26 March 2019 and this has been circulated to clubs through the ED Secretary and websites.

The ED will also be presenting the BS Para CPD module for officials on the 3 April at the Premier Inn Edinburgh Park. An EDSTOC meeting and Referee forum will be held at the same venue on the evening of 11 April.

We have two candidates for the May Recorders exam, Ishbel Rodger AN and Mary Kernohan WB, which will take place on the 11 May 2019.

Alistair Shields, ED STO convenor

Lothian Region Report March 2019

The Lothian Junior Graded Meet took place on 27th January. This is the second year that this meet has taken place and it gets more popular every year. This year was especially busy with a large number of novice swimmers from a total of 17 clubs. At our last meeting we asked competing clubs to give us feedback. The committee are looking at ways to make this meet more manageable.

The first round of Lothian Novice & Intermediate Leagues took place on the 9th March with a good entry. The second round will take place on 4th May. Following the request by the East District Management committee at the January meeting with regard to the funding to regions, I have had discussions with the Fife Convenor, Alison Lister on how this money could be used for coaches of novice and intermediate swimmers which our regions cater for.

Joanna Maguire

Lothian Region Convenor