

| DATE | NATIONAL EVENTS | EAST DISTRICT | REGIONAL | CLUB NOTES |
|------------|-------------------------------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| 2024 | | | | |
| 03/08/2024 | | | | |
| 04/05/2024 | | | | |
| 10/08/2024 | | | | |
| 11/08/2024 | | | | |
| 17/08/2024 | | | | |
| 18/08/2024 | | | | |
| 24/08/2024 | | | | |
| 25/08/2024 | | | | |
| 31/08/2024 | | | | |
| 01/09/2024 | | | | L3 Portobello Super September - P/Pans |
| 07/09/2024 | Scottish Masters SC MWC | | | L2 Dunedin Challenge Meet - Bathgate |
| 08/09/2024 | Scottish Masters SC MWC Academies Staff Inductions | | | L3 Kelso Annual Gala Age Grp Sprints - Kelso |
| 14/09/2024 | Youth Academy Day 1 | | L3 LRSG Iain Mcfadyen Memorial Meet P/Pans | No Club Meets |
| 15/09/2024 | Junior Academy Day 1 | | L3 Borders Leagues R3 - Galashiels | No Club Meets |
| 21/09/2024 | SASA AGM & Dinner | | | No Club Meets |
| 22/09/2024 | | | | |
| 28/09/2024 | NJT 1 | ED SC Time Trials MWC | | No Club Meets |
| 29/09/2024 | NJT 1 | ED SC Time Trials MWC | | No Club Meets |
| 05/10/2024 | | | | L2 Hearts Premier Age Group Meet Pentaqua - MWC L3 Eyemouth Mighty Minnows Meet -Eyemouth |
| 06/10/2024 | | SE Intercounty Championships | | L2 ELST Autumn Meet Prestonpans Graded A & lower |
| 12/10/2024 | | | | L2 SWL 200+ Distance Meet Bathgate Age Grp Non Grd |
| 13/10/2024 | | | | L2 SWL 200+ Distance Meet Bathgate Age Grp Non Grd |
| 19/10/2024 | | | | |
| 20/10/2024 | | | | L2 Glenrothes Autum Graded MWC Age Grp A & Lower |
| 26/10/2024 | Youth Academy Day 2 | | | L2 Haddington 100's P/Pans Age grp Non graded L2 Warrender JAGS Meet MWC Age Grp |
| 27/10/2024 | Junior Academy Day 2 | | | L3 Warrender JAGS Meet MWC Childrens |
| 02/11/2024 | Scottish Master 1500's MWC | | | No Club Meets |
| 03/11/2024 | | | | L3 Fauldhouse Eian Prentice Meet - Whitburn |
| 09/11/2024 | NJT 2 | | L2 Borders Sprints Meet - Galashiels L2 LRSG Lothian graded Meet - P/Pans | No Club Meets |
| 10/11/2024 | NJT 2 | | L3 Fife Region Geordie Wotherspoon - MWC L2 L2 Fife Championships - MWC L2 Borders Sprint Meet - G/Shiels | No Club Meets |
| 16/11/2024 | | | | L3 Midlothian Minnows P/Pans Childrens Non Graded |
| 17/11/2024 | | | | Graded |
| 23/11/2024 | | EDAGs Round 1 (Distance) Bathgate | | No Club Meets |
| 24/11/2024 | | EDAGs Round 1 (Distance) Bathgate | | No Club Meets |
| 30/11/2024 | Youth Academy Day 3 | ED Masters - P/Pans | | L3 Bathgate Sprint Meet Bathgate Age Grp non graded |

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| 01/12/2024 | Junior Academy Day 3 | | | L3 Incas Countdown to Xmas MWC Age Grp C & Lower L2/3 Tranent Xmas Gala Sprint Childrens/Age grp |
| 06/12/2024 | Scottish SC Championships RCP | | | |
| 07/12/2024 | Scottish SC Championships RCP | | | |
| 08/12/2024 | Scottish SC Championships RCP | | | |
| 14/12/2024 | National Leagues Finals | | | |
| 15/12/2024 | | | L3 Borders relay Championships - Galashiels | L3 FVJL Finals Whitburn |
| 21/12/2024 | | | | |
| 22/12/2024 | | | | |
| 28/12/2024 | | | | |
| 29/12/2024 | | | | |